Accessible latrine

It is vital that sanitation facilities are appropriate for the specific needs of disabled people, young people, old people and women. Simple design features, such as ramps, wide doorways and handrails, can have a life-changing impact. People that once had no choice but to suffer the indignity of defecating in the open can share the benefits of having a safe and private place to go to the toilet.

£113 could pay for an accessible latrine in Tanzania. Go to www.wateraid.org/donate

Simple adaptations such as bench toilet seats allow people with disabilities to use facilities more comfortably and safely.

Handrails improve safety for wheelchair users and older people.

A shallow ramp and wide doorway allow easy access for wheelchair users.

Clean water and bins help girls and women to manage their menstruation hygienically.

"Before we got the toilet and shower block I couldn’t wash for two months at a time. When I was 12 I was hit by a car and the doctors said they had to cut my legs off. My parents had to sell everything to pay for the medical costs. I left and started begging here in Dhaka."

Poppy, Beltola slum, Dhaka, Bangladesh